

3. - 7.8.2022, Zámecká obora, Holešov

# HEALING FESTIVAL

"The Fifth Element"

EXPERIENCE AN ECSTATIC ADVENTURE AND THE  
ESSENCE OF THE FIFTH ELEMENT IN THE FLOW OF  
YOUR OWN UNIQUENESS.

[WWW.HEALINGFESTIVAL.EU](http://WWW.HEALINGFESTIVAL.EU)



We are preparing Healing Festival for you as best as we can. With an open heart, mind and with our best conscience and knowledge. We put our whole soul and creative energy into it.

We are grateful for the people we surround ourselves with, who have dedicated their lives to exploring the hidden corners of the human psyche and the spiritual practices that allow us to feed the needs of our body, mind and soul - and now you can too.

Thank you for your participation and co-creating this beautiful place on Earth, we wish you a profound experience.

On behalf of the whole team, with love,  
Martin and Magdaléna

PS: A big THANK YOU to all visitors, performers, speakers, teachers, partners, vendors, suppliers, volunteers, everyone we work with and our closest team -



Michaela Alves Gloria De Oliveira & Kateřina Čuprová.

## Table of Contents

03	Practical information
04	About water at the Healing festival
05	Line up - Wednesday
06	Line up - Thursday
07	Line up - Friday
08	Line up - Saturday
09	Line up - Sunday
10	Private individual healing
11	Private group healing
12	Programme - Wednesday
12	Programme - Thursday
13	Programme - Friday
15	Programme - Saturday
16	Programme - Sunday
17	Accompanying programme
19	Spirit Travel
20	Spirit Sailing
21	Dechen & The Jewel Ensemble
22	Festival's partners
23	Site map



# Practical information



With our Mother Earth in mind, we are creating a festival without waste.

## Sustainability at the festival

We reduce waste, which is why everyone washes their own dishes after meals. We manage our waste responsibly and therefore sort it. It's the bare minimum we can do. It's all about changing mindsets, behaviours and getting out of the rut. We wish to inspire by example.

## SAVE WATER!

**All-day admission to the Castle swimming pool is 60 Kč.**

## Healing camp for children

For children aged 4 to 7.  
Programme: 8:30 - 16:00 h  
Price for 5 days: 1.950 Kč  
Price for 1 day: 400 Kč

There is a kindergarten, Tokaheya, right on the premises, which prepares a wonderful programme for our children, led by professional guides. You can register your children there and enjoy the festival programme.

If you are interested in using this service, please visit: [www.tokaheya.cz](http://www.tokaheya.cz)

## PsyCare

PsyCare is a service founded by the Czech Psychedelic Society that provides a sheltered, safe and quiet environment in a well-equipped yurt at music events and festivals. They are available for you daily from 10:00 to 24:00. You can use the facilities of the tent and the support of PsyCare whenever you feel like it's too much or during challenging spiritual experiences and their integration.

You'll find a trained team of volunteers ready to assist in the safe and healing process of participants' challenging - not just psychedelic - experiences. Anyone who wants to learn more about the effects and risks associated with psychoactive substance use, or just take a break from the unsettling environment for a while, is also welcome.

## Quiet time at night

We are preparing the festival in a way that allows us all to have a nice rest in the evening and immerse ourselves in exploring our inner landscapes through meditation, yoga and other self-development activities from the early morning hours. Families with children are also coming to the festival, so please keep the night quiet.

## WE WASH THE DISHES AFTER OURSELVES,

because we don't use disposable ones. At the stalls you will be given food and drinks in either your own or festival crockery. Please wash it thoroughly with Tierra Verde's eco-friendly products after each meal in the washing up area, then place the clean dishes in a designated area.



We're conscious of pleasant energy, which is why the festival is alcohol-free.



We think about your deepest experience, which is why the festival is free from animal products.

## With dogs only on a leash and with a muzzle

Dogs are allowed, however, you are responsible for them and we reserve the right to ban them from the premises with immediate effect in the event of behavioural problems.



MAIN PATRON  
NEW HUMAN SOLUTION

„New Human Solution s.r.o. is the main patron of the Healing Festival 2022. During the entire festival, it provides its attendees with healed water using the unique Czech technology of the STABFOR unit, invented by the company's co-founder and managing director, Mr. Zdeněk Čermák.”

# ABOUT WATER AT THE HEALING FESTIVAL

## WATER - THE KEY TO HEALTH

WATER IS THE GREATEST WEALTH OF OUR BODY, FOR WITHOUT WATER WE WOULD NOT EXIST... WATER HAS A MEMORY AND PERCEIVES OUR EVERY THOUGHT. TOGETHER WITH WATER YOU WILL ENHANCE YOUR TRANSFORMATION PROCESS, BOOST YOUR STRENGTH, HEALTH AND INNER HARMONY.

Healthy water is not only important in everyday life, but we know from our own experience that its importance increases many times over and its effects become more pronounced during personal transformation, when it accelerates the whole healing process. Specially treated water with STABFOR® technology partially creates "Miracle EZ water (H3O2) and free hydrogen" (structured - living water). EZ water is found in nature in all living organisms.

All the taps at the Healing Festival will be flowing "healed - miracle water" that you will fall in love with. We will convey the art - the miracles of water, how to work with it, how to use it and how to "be" it. Together with water you will enhance your transformation process, boost your strength, health and inner harmony.

Water is a medium of information...What you put into the water during the festival with your thoughts, therapies, rituals, will spread several times faster into the space you create and become...You become healed - conscious water...



We wish you joyful healing experiences and look forward to seeing you.  
The whole team of New Human Solution s.r.o.

# LINE-UP

## Wednesday 3.8.

	5. ELEMENT	EARTH	AIR	FIRE	WATER	GODDESS TEMPLE	ACCOMPANYING PROGRAMME	THE SATYA LOKA GANESH SAHDANA TIPPEE
11:00								
11:30								
12:00								
12:30		OPENING THE GATE						
13:00	Yama koncert		Taneec pěti elementů - "Pancha Maha Bhutas" Sílka Alaya Kalábová					
14:00								
14:30		Cesta ke štěstí Matěj Richter						
15:00								
15:30								
16:00								
16:30	DJ set Saraswati Dasi	Jedinečnost bytí v propjetí se Zemí Kaika Grunová a Simona Hrabatová	Jin Joga Sálka Riháková	Znovuzrození a smrt Taraka Solet	Jak se otevřít lásce a vyvářet zdravé vztahy Eva Andriessen	Rituální otevření prostoru Knežky	Cold Therapy Aeral Yoga SOMA dech Tent Aco Yoga Vinyasa Access Bars Harmonizing the body with sound Talking with oula. Healing Camp for Children Relaxation and nourishment in the water	Creation of a Ganesh Yantra EN
17:00								
17:30								
18:00								
18:30								
19:00								
19:30								
20:00								
20:30								
21:00	Ecstatic Dance Pascal de Lacaze	Voda, klíč ke zdraví Zdeněk Čermák	Druhá strana mince samanské medicíny Jaroslav Šumbera	Léčení vnitřní ženy a muže Tereza Urbanová & Lucie Hamřilová	Love is the Goal and Love is the Path Charlie Kelly			
21:30								
22:00								
22:30								
23:00	Chilli meditace Brain We Are							
23:30								
0:00								

Satya Loka offers a sacred Temple space for you to come and meditate, practice yoga and receive a constant flame alight on a Yama's Sacred Mandala. We create on the 1st Friday of the month a sacred space for you to remove obstacles in our life and spiritual path. We practice and honor the old traditional Yama, coming from our lineage Shivaram Jitta.



# Friday 5.8.

	S. ELEMENT	EARTH	AIR	FIRE	WATER	GODDESS TEMPLE	ACCOMPANYING PROGRAMME	THE SATHYA LOKA GANESH SADHANA TIPPEE
7:00								Meditation EN
7:30			Jamaš Joga Veronika Křečová					Aarti EN
8:00								Daily Meditations
8:30				Jak lépe porozumět elementům Zeneckých pramenů Jan Vojtechovský	Skvělá tajemství dřívobůvkosti Matouš Vině	Ranní rituál žívlí voda Kristyna Optlova		Each day we offer tea for all days of meditation with the intention that the food is supported if you are in the practice or helping sessions to receive the mantra and guidelines. Each day we make a devotional Aarti with offerings of Ganesh after the meditation.
9:00			Olgopong Sri elementů Ondřej Sodišáček Ohana					
10:00		Cesta Podvědomí Matej Richter a David Borngo			Conscious Crypto Vijay Krana ENCS	Potešení Zuzana Křizová, Kristyna Optlova		
10:30				Dance of Tao Orpheus B ENCS				
11:00			Bhakti Yoga Flow Humble Warrior Charlie Kelly ENCS		4 úroveň sebestudy Anna Věšnová		Cold Therapy Aerial Yoga SOMA dech Tent Acro Yoga Red Tent Access Bars Harmoring of the body with sound	Silent sitting with yantra EN
11:30								
12:00								
12:30				Womb Ecstasy - Pleasure Awakening Ceremony Michaella Alta		Plodnost ve svých rukou Barbara Luna Chvalavová		
13:00								
13:30			Hatha Joga srdcem Michal Rauer					
14:00					Sexualní portály Lúna Susy Nana			
14:30	Live Sat DU Bunny Wabbit EN	The Power of the Heart Halima ENCS			Lidské zvíře - přezítí, transformace zamrznutí, božství a seberegulace Zdeněk a Šarka Weberovi			
15:00								
15:30								
16:30	Macroscopic Orbit: Devotional chanting, Medicine Music	Jak být zamilovaní i po 20 letech? Denisa Riha Palečková	5 Elementů v životě ženy Amisuel Ohana	Rozchodový rituál (pro ženy) Barbora Zemanová				
17:00								
17:30								
18:00	Ceremonial Concert Lara Omar-Rahman EN	3 kroky vědomé komunikace Alexandra Polarczyk						
18:30								
19:00								
19:30								
20:00			Vinyasa Yoga Bruna Borliato ENCS	Kundalini - Dragon Activation Zá Ráň Kumar ENCS				
20:30								
21:00	Esstatic Dance Joshua Swahé							
21:30			Božská jóga a Božský dech Markéta Pásková a Petr Věšák	I královna je zranitelná Šarka Weberová				
22:00								
22:30		Vědomá seznamka Teri Urbánová & Lucie Hamřilová						
23:00	Spirituální život na Bali Ondřej							
23:30								
0:00								

# Saturday 6.8.

5. ELEMENT	EARTH	AIR	FIRE	WATER	TEMPLE OF THE GODDESS	ACCOMPANYING PROGRAMME	THE SATYK, LOKA, GANESH SAHANA TOPPE
7:00							Meditation EN
7:30							Aarti EN
8:00	Návrat k esotickosti a práci s energií Lenka Eywa	Vodní jogové flow s živou hudbou Mareša Faustová a doprovod na bytara a handpan Štěpán Fajn	Čtyři živky a já (taneční rituál) Barbora Zemanová	Sobáštnost - jedlé listy, květy, kořeny, semena Radka Svatošová Zelena Louka	Ramí rituál živel země Jana Holubáčková		
8:30							
9:00	Expanding our consciousness						
9:30							
10:00							
10:30							
11:00							
11:30	Live Set DJ Bunny Wabbit	"0" jako nejvyšší číslo Marian Jelinek	Workshop Dechen Shak-Dagsay	Source Light Healer DNA Activation Za Rah Kumara		Cold Therapy Aerial Yoga SOMA dech Tent Acro Yoga Red Tent	
12:00							
13:00	Live set Mose Cagen	Essenciální olej a duchovní živočišný olej Jiri Černota	Kundalini Joga Petra Šaakti Kaur			Access Bars	
14:00							
14:30							
15:00	Ecstatic Dance Joshua Swale	Jak v sobě odřízt zdroj naplnění a lásky? Denisa R. Palečková	Breathwork Susy Nana	Léčení kolektivního traumatu inspirováno Thomsem Zdeněk a Šárka Weberovi		Hamorning the body with sound Tapping Healing Camps for Children Relaxation and nourishment in the water Fire Show	Silent sitting with Yantra EN
15:30							
16:00							
16:30							
17:00							
17:30							
18:00	Koncert Dechen Shak-Dagsay	Vzhůru přátelé, přispělosti v biologické lidství Jan Vojtěchovský	Shamanic Journey Experience Orpheus B	The Lover - Muži a sexualita Onufej Sedláček Ohana			
18:30							
19:00							
19:30							
20:00	Ecstatic Dance Prague DJ Sanjiv Soul	Satsang a Mantry Natara	Česko Ceremonie Hallama	Holistická péče o vlasy Žaneta Florová			
20:30	Lucie Aestira Prosdředni, Petr Vašák, Richard Vit	Od bratrství k otcovství Ron Aira					
21:00							
21:30	Myslička - FireShow	Komunikaci k poznání sebe a druhých Miroslav Drožák	Raple ceremonie Michal Rauer	Sex magie Lilia Khousoudinová			Fire ceremony for Ganesh - Tantrik Yagna EN
22:00							
22:30							
23:00							
23:30							
0:00							



# Sunday 7.8.

5. ELEMENT	EARTH	AIR	FIRE	WATER	GODDESS TEMPLE	ACCOMPANYING PROGRAMME	THE SATYA LOKA GANESH SADHANA TIPPEE
7:00		Omítající letce obléčejvě Andrea Doležalová					Meditation Aarti EN EN
7:30				Ayurveda and Nature Cure to change our life Bijay Anand ENCS	Rajniří /rajniří/ žítí vztuch Zuzana Křížová		
8:00			Posvátná celistvost srdce Tomáš Mlčan a Míša Adamová				
8:30							
9:00							
9:30							
10:00	Partnerská komunikace s děťmi Renata Pelcová	Ohnivá šipová flow s život hudbou Markéta Faustová a doprovod na bubien Štěpán Faun		Tarot, láska a vztahy - workshop s tarotovými kartami Jan Koča	Sufijská pohybová meditace srdce Andrea Sobotová	Cold Therapy Aerial Yoga SOMA dech Tent Aerial Yoga Rád Tent Access Bars Hammonizing the body with sound Talking with doula. Healing Camps for Children Relaxation and nourishment for the year Fire Show Stone Labyrinth Obražena	
10:30							
11:00							
11:30	Laskavé umění Vendula Šmidkové Kocánová	Změň svůj dech a zabrouč se díť věci Rostislav Václavek	Soundhealing - Otvírání srdce Sita pro život & Matřin Hybler				
12:00							
12:30							
13:00							
13:30	Třábl Trance Ecstatic Dance Journey DJ Colibri / Guy Barrington ENCS			Tanece univerzálního míru Zuzana Préma			
14:00	Quantum Infiniti Ave Saphiana ENCS				Partnerské (gh)radění Barbora a Lukáš Chváralovi		
14:30							
15:00		Božský dech Petr Vašák	Taneční intimiti ženský kruh Lucie Becková	Music Workshop Niall Mc Ouirgan ENCS	Pěující kruh. Zvěřevně sillení, uzavření prostoru. Michaela Vlastníková		
15:30							
16:00							
16:30							
17:00	Seul Singing Ceremony Nelaine Goldberg ENCS	5 elementů božského poinkání Zuzi Husárová	Setkání za zrcadlem Hana Wloňam				
17:30							
18:00							
18:30							
19:00							
19:30							
20:00							
20:30	DJ Mr. Gorby Ecstatic Dance Prague						
21:00							
21:30							
22:00							
22:30							
23:00							
23:30							
0:00							
Final Ritual - New Beginning Zuzana Noah							
Terež Wrau a Miguel							
							Dissolving the Yantra & Yagna fire ceremony EN

# PRIVATE INDIVIDUAL HEALING

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00					
7:30					
8:00					
8:30					
9:00					
9:30					
10:00					
10:30					
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00					
14:30					
15:00					
15:30					
16:00					
16:30					
17:00					
17:30					
18:00					
18:30					
19:00					
19:30					
20:00					
20:30					
21:00					
21:30					
22:00					
22:30					
23:00					
23:30					

# PRIVATE GROUP HEALING

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00					
7:30					
8:00					
8:30					
9:00					
9:30					
10:00				Orpheus B Shamanic Tribal Acupuncture 10:00 - 12:00 10 osob 50 EUR	Orpheus B Shamanic Tribal Acupuncture 10:00 - 12:00 10 osob 50 EUR
10:30					
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00			Orpheus B / Esoteric Healing Acupuncture 1 osoba x 60 min (paralelně) 10 osob 13:30 - 14:30 14:00 - 15:00 14:30 - 15:00 14:30 - 15:30	Kateřina Grunová a Simona Hrabalová Access Bars ochutnávky 13:00-13:30, 13:30-14:00, 14:00-14:30, 14:30-15:00 FOR FREE	
14:30					
15:00					
15:30	Umut Frat Eroglu Group Healing Session 15:30 - 17:30 7 osob 50 EUR	Kateřina Grunová a Simona Hrabalová Access Bars ochutnávky 15:30-16:00, 16:00-16:30, 16:30-17:00, 17:00-17:30, 17:30-18:00 FOR FREE	Orpheus B Shamanic Tribal Acupuncture 10 osob 50 EUR za osobu	Umut Frat Eroglu Group Healing Session 16:30 - 18:30 7 osob 50 EUR	Umut Frat Eroglu Group Healing Session 16:00 - 18:00 7 osob 50 EUR
16:00					
16:30					
17:00					
17:30					
18:00					
18:30					
19:00					
19:30					
20:00		Rebecca Junge and Matheus Andrade Rapé Ceremony & Individual Sessions For the Rapé Ceremony: 700 CZK (30 EUR)	Rebecca Junge and Matheus Andrade Rapé Ceremony & Individual Sessions For the Rapé Ceremony: 700 CZK (30 EUR)	Rebecca Junge and Matheus Andrade Rapé Ceremony & Individual Sessions For the Rapé Ceremony: 700 CZK (30 EUR)	
20:30					
21:00					
21:30					
22:00					
22:30					
23:00					
23:30					
0:00					

# PROGRAMME

## Wednesday 3.8.

### Concert

#### *Yaima (USA)*

Dive into melodious soundscapes with revitalising rhythms, transcendent electronic production, soothing female vocals and heartened lyricism. The intention is to create a bridge between Nature and Humankind, an expansive experience that creates a graceful passage for the heart and mind.

13:00 - 15:00, 5. ELEMENT, Concert, EN

### DJ set

#### *Sarasvati Dasi (DEU)*

Set out on a musical journey spanning many cultures and beats from around the world, with catchy bass lines and quirky vintage remixes that will have you smiling as hard as you are dancing. Accompanied by live vocals and violin.

15:30 - 17:30, 5. ELEMENT, DJ set, EN

### 5 Sense Miracle Chocolate Opening Ritual

#### *Zuzana Noah (CZ)*

Join us to collectively open the quantum field of Healing festival and set your personal intentions. Tune into unlimited possibilities, synchronicity, living in ease. Expect an activation of elements, a cacao ritual and a dance with chocolate. Aromas and sacred geometry will accompany us.

18:00 - 19:30, 5. ELEMENT, Opening ritual, CS

## Thursday 4.8.

### Limitless

#### *Bijay Anand (IND)*

We limit the scope of our life and what we can expect from it in our own minds. Learn to break the chains that keep our consciousness in blockages and break free from old patterns that harm us and keep us away from success, happiness and joy. Learn to be LIMITLESS.

9:00 - 10:30, 5. ELEMENT, Workshop, EN/CS

### Sacred Chants from the Amazon

#### *Rebecca Junge & Matheus Andrade (BRA)*

We limit the scope of our life and what we can expect from it in our own minds. Learn to break the chains that keep our consciousness in blockages and break free from old patterns that harm us and keep us away from success, happiness and joy. Learn to be LIMITLESS.

9:00 - 11:00, FIRE/OHEÑ, Workshop, EN/CS

### Ecstatic Dance

#### *Pascal de Lacaze (DEU)*

Enjoy a deeply transformative ecstatic dance experience that connects people to their spirit, their body and the other dancers. Pascal DJs, uses live music elements like drumming, singing and bamboo saxophone to interact with the music and the dancers. Expect to fly high and ground deep.

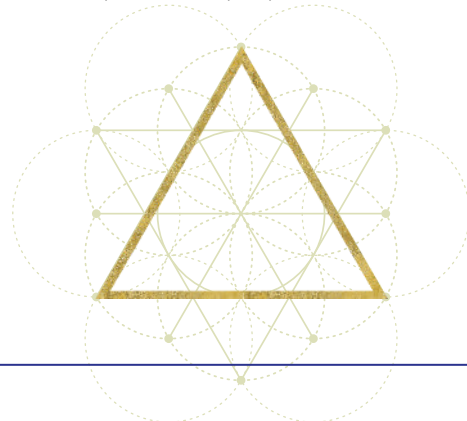
20:00 - 22:00, 5. ELEMENT, Ecstatic Dance, EN

### Love is the Goal and Love is the Path

#### *Charlie Kelly (UK)*

How to achieve continual contentment through the practices of love? What is it to love? Who are we to love? Can we love everyone? What techniques can we employ to love in each situation? Is love an illusion? Come drop into a philosophical reflection on the theme of love in our lives...

21:00 - 22:30, WATER/VODA, Talk, EN/CS



### Traditional Tantra Sadhana of India

#### *Ra Dasi (ENG/GRC)*

Introducing the theory and practice of authentic sadhana that uses ancient techniques passed down through living masters of our lineage. Explaining the science of Tantra expressed with devotion.

10:30 - 12:30, VODA/WATER, Workshop, EN/CS

### The 5D Femme Revolution

#### *Ava Sophiana (CRI)*

A new era of divine feminine leadership of women stepping into their sovereign divinity and leading themselves and their queenom into the New Earth Paradigm. Including a divine feminine quantum activation.

11:00 - 13:00, AIR/VZDUCH, Ritual divine feminine quantum activation, EN/CS

## Ripples of Healing Netanel Goldberg (ISR)

Discover the healing power of singing and praying as tools to connect & empower our path. Openness, vulnerability, loving eyes and presence, thanksgiving, heart-to-heart sharing, shared holding, healing singing, writing and more. Come as you are.

\*Bring a notebook and a pen.

11:00 - 12:30, 5. ELEMENT, Music workshop, EN/CS

## Live set DJ Bunny Wabbit (CRI)

Come to relax at this energetic live electronic set. Dance across the entire dance floor, sway your hips gently or just listen... It's up to you. As Bunny Wabbit says, "just kick off your shoes and enjoy yourself."

13:00 - 14:30, 5. ELEMENT, Live set, EN

## Dance/Movement Class (CBC) Bruna Bortolato (BRA/USA)

Bring your full attention to the heart in this full embodiment practice. Contact beyond contact (CBC) practice will guide you to discover your true inner voice, to create honest and genuine connections with yourself and others, and to find a clear enlightened purpose in life.

13:00 - 15:00, WATER/VODA, Dance and movement workshop, EN/CS

## Shamanic Revolution - "The path of the White Eagle" Orpheus B (CRI)

Today's Shamanism is a global awakened movement and a portal for many souls in search of their own path and wisdom. Orpheus will share his experience of working with many masters and shed light on finding your own unique expression, as well as how to start connecting to your shamanic soul.

14:30 - 16:00, FIRE/OHEÑ, Talk, EN/CS

## Ecstatic Dance Prague DJ Omnion (CZ)

Relax your body & mind and tune into a wave of ecstasy through dance. In addition to real-time mixing and processing, Omnion uses traditional instruments and the voice, combining inspiration from ancient traditions of the East and West, along with electronic scene's contemporary techniques.

15:00 - 17:00, 5. ELEMENT, Ecstatic dance, CS

## Kirtan Kirtanias with Vijay Krsna (UK)

Kirtan is a rare traditional art form, an ancient call-and-response mantra chanting practice that originated in the Indian subcontinent over 5000 years ago. Dive into a deep ecstatic experience, connect to divinity and make not only your voice chant, but also your heart and soul.

17:30 - 19:30, 5. ELEMENT, Ecstatic devotional kirtan, EN

## Anatolian Shamanic Journey Umut Firat Eroglu (TUR)

Anatolia, the home of Rumi, is a mystic land with an ancient fusion of shamanism and sufism. The journey will lead you into a sacred connection with an Anatolian shamanic spirit. The experience encompasses teachings, drum journey, fire meditation and heart opening Sufi whirling movements.

19:00 - 21:00, FIRE/OHEÑ, Shamanic journey, EN/CS

## Ecstatic Dance Mose Cagen (USA)

"Great music is that which carries the present minded listener to the doorstep of infinity. Through the use of a steady hypnotic beat, paired with ethereal voices and melodies we can release into the void and remember who we are - we are one."

20:00 - 22:00, 5. ELEMENT, Ecstatic Dance, EN



Come and dance in the rhythm of your soul, body, and mind.

## Friday 5.8.

### Concert Terez Wrau a Miguel (CZ)

Embrace a new morning with music that will move your heart. Terez travels through Europe as a busker, collecting folk songs from all over the world. She sings in fifteen languages and also creates her own works.

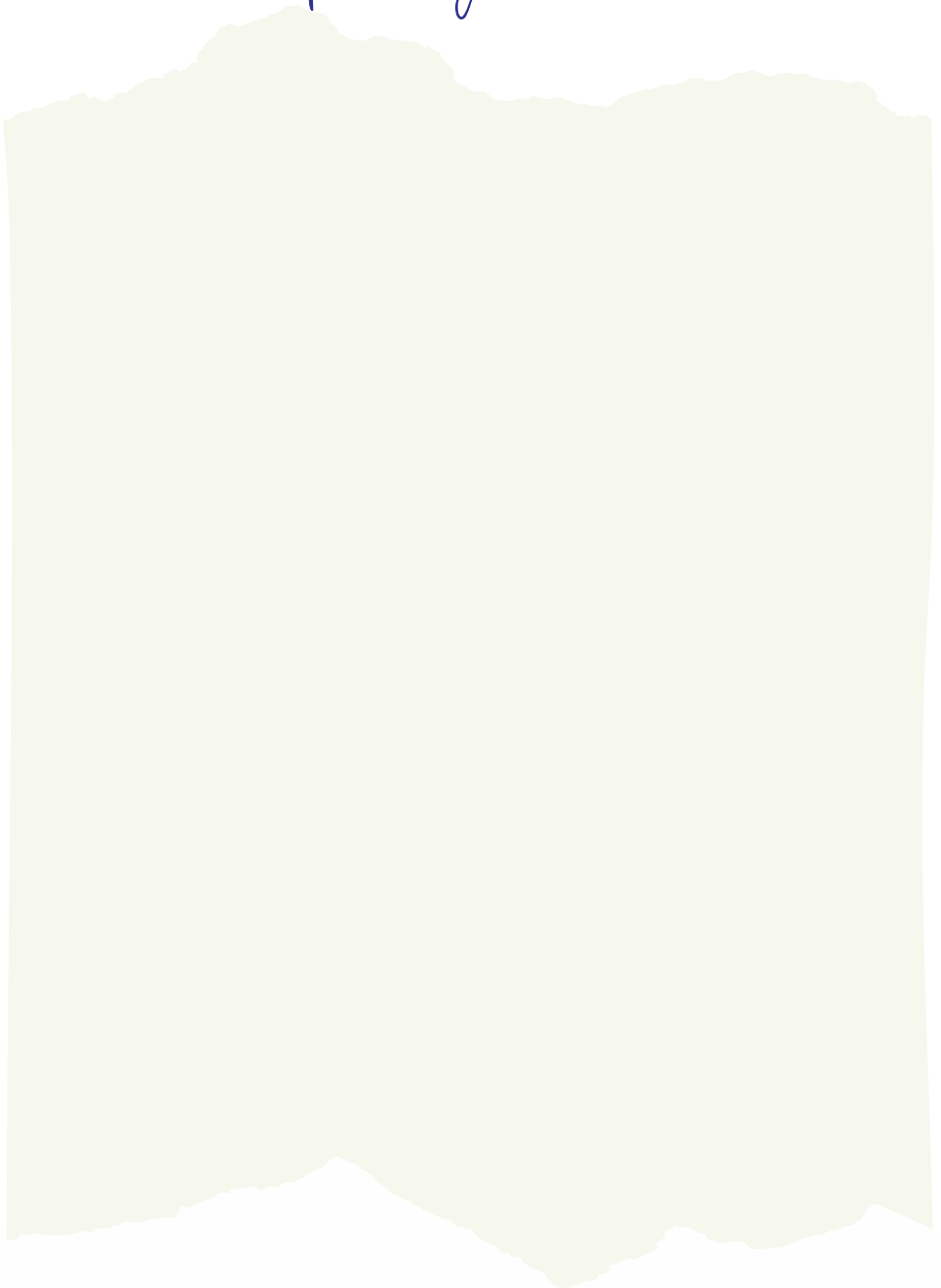
8:30 - 9:30, 5. ELEMENT, Concert, CS

### Blossoming of the Lotus Bijay Anand (IND)

The heart is like a Lotus flower. We can either allow our hearts to drown in chaos, stress, anxiety and bad energy, or we can be like a beautiful Lotus flower that blossoms even in the most dirty waters. Standing out radiantly to share its beautiful energy to make this world beautiful.

10:00 - 11:30, 5. ELEMENT, Workshop, EN/CS

Place for your notes





# Feedback

We would be very grateful for your feedback. Please write it on this page - you may use both sides. Then carefully tear the page out of the magazine and drop it into the box on the information desk by the main entrance. Thank you.

How did you enjoy the Healing Festival?  
What is the most valuable insight you took away?  
Which of the performers impressed you the most?  
What specific things would you like to see done differently  
at the Healing Festival?

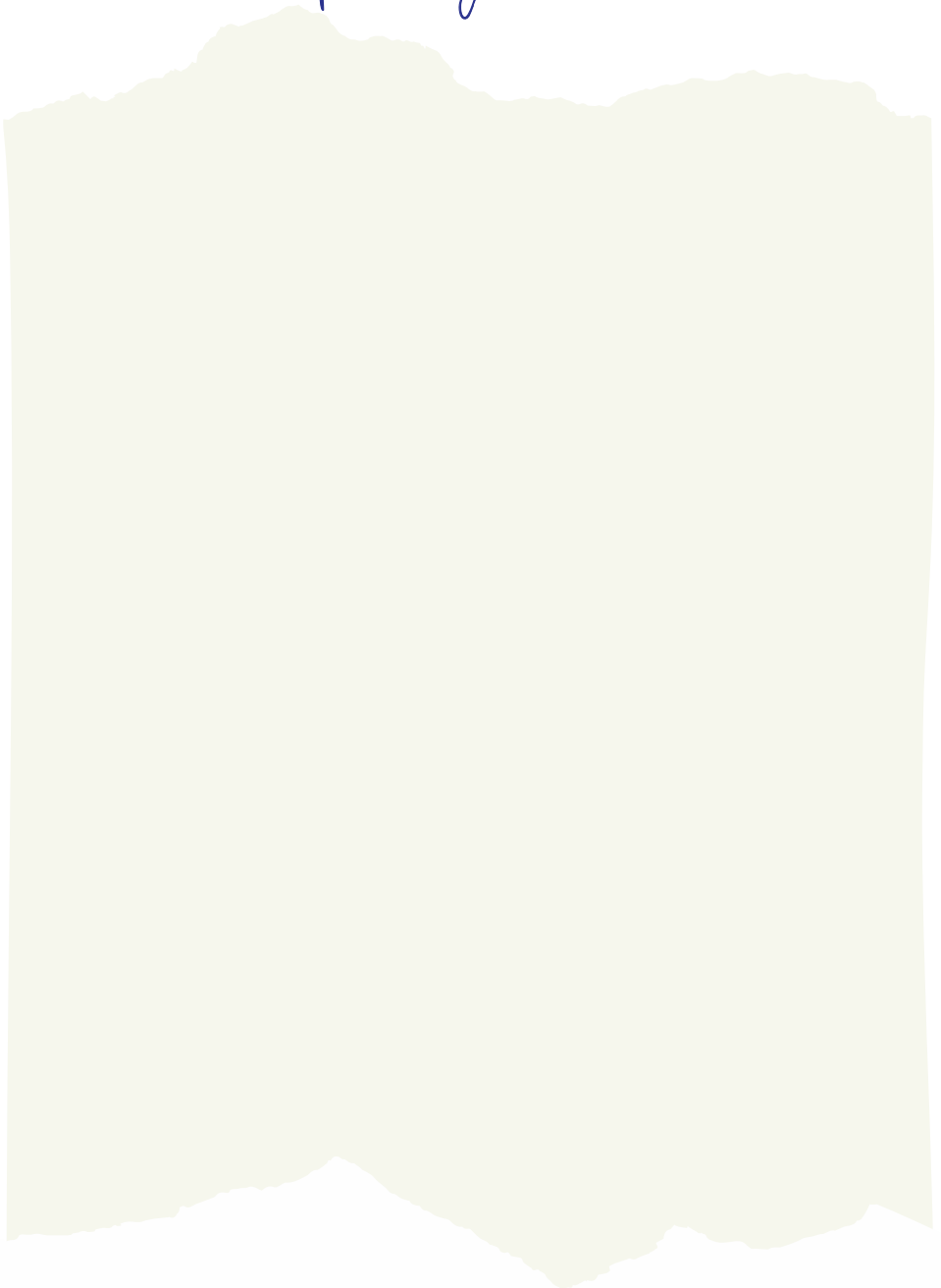




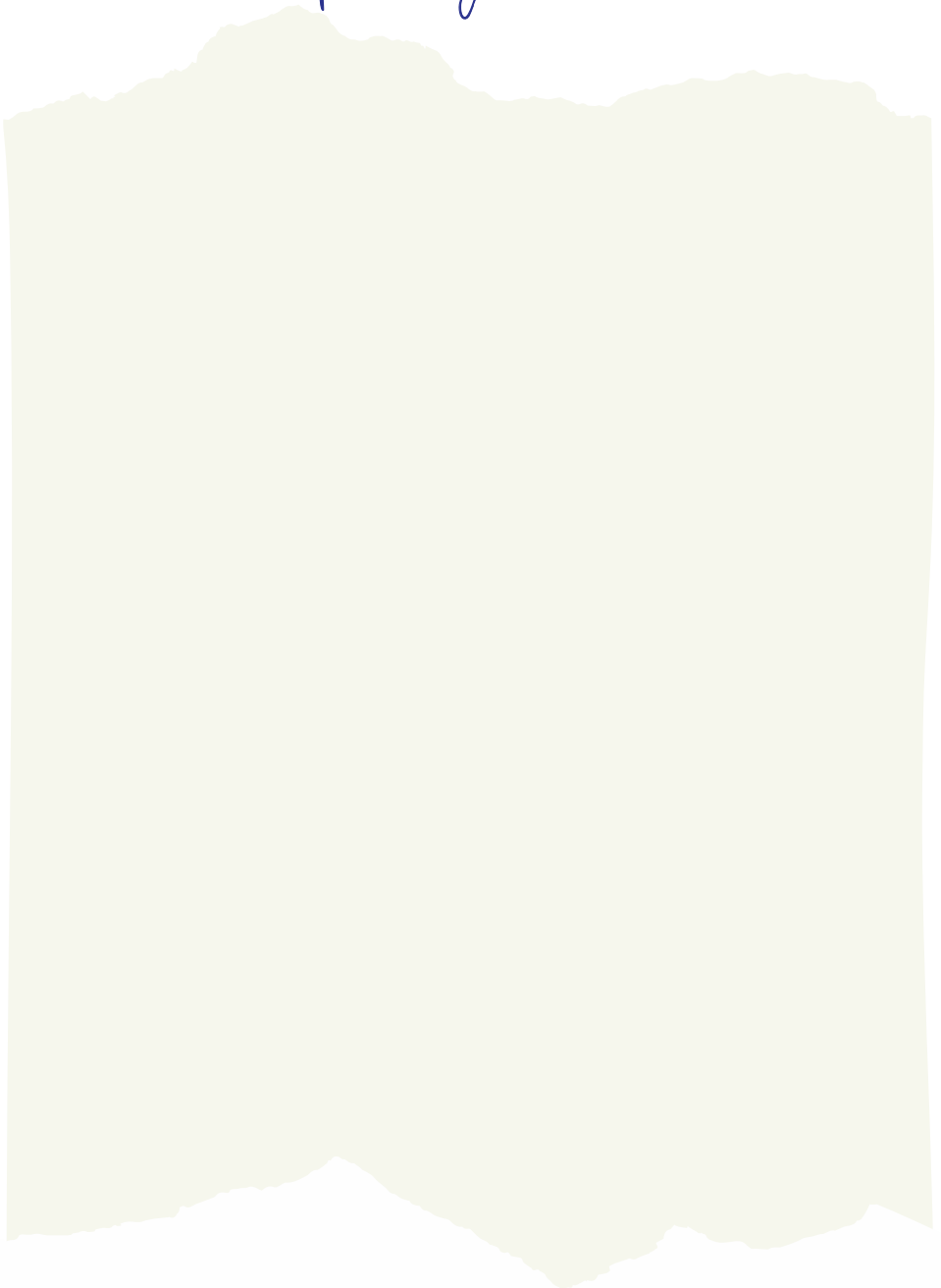
We appreciate your feedback.  
Please leave it in our inbox at the information desk  
at the main entrance.



*Place for your notes*



*Place for your notes*



## Conscious Crypto

*Vijay Krsna (UK)*

A discussion on the topic of "interest" and how it relates to the new digital currency economy. Vijay Krsna invested in Bitcoin in 2013 based on principles he recognised the world at large would benefit from. Now developing multiple projects on the blockchain, web 3.0 & future technology.

10:00 - 11:30, WATER/VODA, Workshop, EN/CS

## Dance of Tao

*Orpheus B (CRI)*

A journey of energetic movement, Tai chi and Qigong, dance and breathing that brings the body into pure release. All with uplifting music. Gentle yet stormy, graceful yet powerful. Intuitive and free flowing. With an aim to clear energetic blocks and allow free-flow and self-expression.

10:30 - 12:00, FIRE/OHEÑ, Movement workshop, EN/CS

## Bhakti Yoga Flow

*Charlie Kelly (UK)*

Relax your body and mind and connect with that which transcends you in this fun, flowing class that will bring people together. Upbeat music, peppered with yogic insight and thought-provoking concepts.

11:00 - 12:30, AIR/VZDUCH, Zoga, EN/CS

## Concert

*Niall Mc Guigan (IRL)*

Guided through stories & energy, music provides us with a space to experience our "being" together. The listener is encouraged to inquire within, actively listen, to become curious about themselves and who they really are beyond the limitations and conditioning of the psychological mind.

12:00 - 13:30, 5. ELEMENT, Concert/workshop with self-inquiry, EN/CS



Relax into the unique flow  
of the Fifth Element.

## Live set

*DJ Bunny Wabbit (CRI)*

Come to relax at this energetic live electronic set. Dance across the entire dance floor, sway your hips gently or just listen... It's up to you. As Bunny Wabbit says, "just kick off your shoes and enjoy yourself."

14:00 - 15:30, 5. ELEMENT, Live set, EN

## The Power of the Heart: A Silent Space to Awaken to Who We Really Are

*Haliama (MEX)*

This talk will explore the Heart in its different dimensions - from a physical organ to a portal to our true nature, including the perspectives of Toltecs, Mayans, Christian esoterics & Sufis. It will consider practical exercises and cacao as ways of cultivating its opening and blossoming.

14:00 - 15:30, EARTH/ZEMĚ, Talk, EN/CS

## Devotional chanting, Medicine Music

*Macrocosmic Orbit (GTM)*

Immerse yourself in the tones of healing music and connect with the divine through chanting. Macrocosmic Orbit is a collective of friends from the Tzununa community on Lake Atitlan who regularly host Kirtan and medicine song circles in South and Central America.

16:00 - 17:30, 5. ELEMENT, Concert, EN/CS

## Ceremonial Concert

*Laor Oman-Naharin (ISR/ESP)*

Laor will breath and sing with the audience and inspire all to pray, sing and love like never before. Let your heart and soul rest in her beautiful healing melodies.

18:00 - 19:30, 5. ELEMENT, Ceremonial concert, EN

## Kundalini - Dragon Activation

*Za Rah Kumara (DEU/GRC)*

Ignite your heart fire! The dragon spirits are the custodians of the Kundalini energy and the protectors of the New Earth. In this workshop, Za Rah will share her dragon codes with you through breath work, sound, mantra, movement and kundalini yoga. Come remember your true divine Source.

18:00 - 19:30, FIRE/OHEÑ, Workshop with kundalini yoga, EN/CS

## Vinyasa Yoga

*Bruna Bortolato (BRA/USA)*

For Bruna, yoga is a transformative tool that helps us interpret life from different perspectives. Her classes cultivate body heat with creative sequences and a strong focus on the power of breath awareness. Open your heart and mind, and explore your limitations and emotions with respect.

19:00 - 20:30, AIR/VZDUCH, Yoga, EN/CS

## Ecstatic Dance

*Joshua Swahé (USA)*

Shift your attention to the body and attune yourself to your heart's calling. Move freely, let your soul guide you. Dance yourself into ecstasy... Joshua brings to stage Kundalini Awakening Tribal Bass, a genre inspired by the Latin, Middle Eastern & Indigenous music present in his roots.

20:00 - 22:00, 5. ELEMENT, Ecstatic Dance, EN

# Saturday 6.8.

## Gayatri Mantra

*Naropa (NLD)*

Om Bhur Buvah Svah Tat Savitur Varenyam Bargo Devashya Dhimahi Dhiyo Yo Nah Prachodayad... The Gayatri mantra is said to be older than the sun and have transformative power. Reciting, chanting or listening to it erases our doubts and confusion and shows us the primordial light of our soul.

8:00 - 9:00, 5. ELEMENT, Mantra chanting, EN/CS

## Expanding our consciousness

*Bijay Anand (IND)*

Our consciousness has a constant desire and need to expand. In a state of expansion, we are in perfect alignment with the universe and divine energy. By learning to make this state a part of our life, we can attract good health, financial success and spiritual growth, becoming happier.

9:00 - 10:30, 5. ELEMENT, Workshop, EN/CS

## Workshop

*Dechen Shak-Dagsay (NPL/CHE)*

The mantra of compassion, "OM MANI PEME HUM", is said to contain the essence of Buddha's teachings and possess a beautiful transforming energy. Dechen will guide you in practicing this mantra and teach you the steps of the JEWEL dance she created from the traditional Tibetan Circle Dance.

9:30 - 12:30, FIRE/OHEŇ, Workshop with mantra chanting and dancing, EN/CS

## Source Light Healer DNA Activation

*Za Rah Kumara (DEU/GRC)*

Opening ourselves to Source and the infinite possibilities of Healing through it. Deep clearing of ancestral and cultural programmed patterns. An introduction into Source Light Healing. All are welcome, experienced healers or anyone interested in experiencing a potent healing field.

10:00 - 12:00, WATER/VODA, Ritual, EN/CS

## Live Set

*DJ Bunny Wabbit (CRI)*

Come to relax at this energetic live electronic set. Dance across the entire dance floor, sway your hips gently or just listen... It's up to you. As Bunny Wabbit says, "just kick off your shoes and enjoy yourself."

11:00 - 12:30, 5. ELEMENT, Live set, EN

## Live Set

*Mose Cagen (USA)*

Dive into the depths of dance, song and flow through music. Or, as Mose would say, let music take you to the doorstep of infinity...

12:30 - 14:30, 5. ELEMENT, Live set, EN

## Shamanic Journey Experience

*Orpheus B (CRI)*

A journey of sounds and guided activation of the pineal gland that is similar to 'astral journey', a tool used by Native American Indians to find answers and receive guidance from spirits. In this Journey, you will meet your totem animals and receive messages from your inner self.

13:00 - 16:00, FIRE/OHEŇ, Shamanic journey with live music, EN/CS

## Ecstatic Dance

*Joshua Swahé (USA)*

Shift your attention to the body and attune yourself to your heart's calling. Move freely, let your soul guide you. Dance yourself into ecstasy... Joshua brings to stage Kundalini Awakening Tribal Bass, a genre inspired by the Latin, Middle Eastern & Indigenous music present in his roots.

14:30 - 16:30, 5. ELEMENT, Ecstatic Dance, EN

## Satsang and Mantas

*Naropa (NLD)*

You are invited to join chanting. Your awareness shifts to that 'place' where there is nobody and no-mind. You participate through singing and listening in a field of being. You are being lead to the unspoken world of your soul. There will also be time for you to respond to the satsang.

16:00 - 18:00, AIR/VZDUCH, Satsang and Mantras, EN/CS

## Cacao Ceremony

*Haliama (MEX)*

Accept an invitation to a ceremony of love - a ceremony of cacao. We need cacao as medicine more than ever and Haliama prepares cacao with love and respect. Everything is love or an invitation to love: come, sit, breathe, open yourself and share a cup of this sacred medicine with Haliama.

17:00 - 19:30, FIRE/OHEŇ, Cacao ceremony, EN/CS

## Concert

*Dechen Shak-Dagsay (NPL/CHE)*

At this first concert in Czechia, Dechen will perform accompanied by her JEWEL Ensemble - Helge van Dyk at the keyboard and Thomas Niggli at the Sitar. Together they will play Dechen's music from her various albums, especially the new album 'emaho - the Story of Arya Tara'.

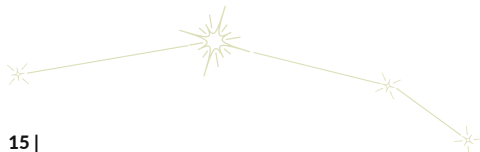
17:30 - 19:00, 5. ELEMENT, Concert, EN

## Ecstatic Dance Prague

*DJ Sanjay Soul, Lucie Aestra Prostřední, Petr Vašák, Richard Vít (CZ)*

Let yourself flow through a wide range of styles, moods and rhythms. DJ Sanjay Soul's work is influenced by the world of music therapy and shamanic music, sound design and insights into his inner world. When playing, he enjoys interweaving diverse tracks, moments of twists and surprises...

19:30 - 21:30, 5. ELEMENT, Ecstatic Dance, CS

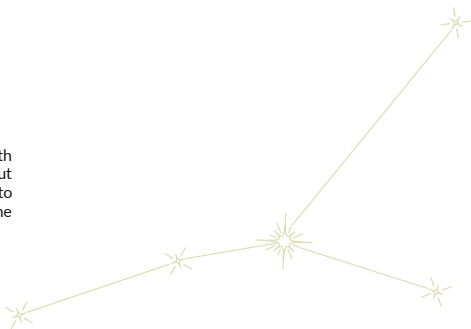


## Channelling Experience

*Umut Firat Eroglu (TUR)*

Experience channeling from a higher self. We will begin with shamanic breath to achieve a semi-trance state. Later Umut will guide us to align our energy field and consciousness to receive messages from our guides and higher selves. In the end, we will experience channeling for each other.

20:00 - 21:30, AIR/VZDUCH, Workshop with guided shamanic meditation, EN/CS



# Sunday 7.8.

## Sharabh Yog - Traditional Tantra Yoga of India

*Ra Dasi (ENG/GRC)*

Yoga class using the bija mantras of the petals of Muladhar chakra, along with an introduction to Tantric Kriya and the energy of Ganesh. This Yoga class is offered as an extension of the Traditional Tantra Sadhana that takes place in the Temple space for Ganesh during the festival.

8:00 - 9:30, 5. ELEMENT, Yoga, EN/CS

## Ayurveda and Nature Cure to change our life

*Bijay Anand (IND)*

India has a 5000 year old science known as Ayurveda. In this seminar, Bijay will explain the most important aspects of our health which, if we understand them and use them daily, can make our mind and body healthy as well as fill our life with peace and happiness. Questions are welcome.

8:00 - 9:30, WATER/VODA, Seminar, EN/CS

## Ecstatic Dance

*DJ Kante - Are (CZ)*

Imagine a space where everyone can feel spontaneously safe to try new things and push their boundaries. A dance you dance when no one is looking. The power of experiencing all kinds of emotions - freedom, spontaneity, unity, joy, sadness, happiness, fear... all in one moment of dance.

10:00 - 12:00, 5. ELEMENT, Ecstatic Dance, CS

## Tribal Trance Ecstatic Dance Journey

*DJ Colibri / Guy Barrington (UK)*

Together we shall unite as a dancing tribe, to build power, share energy and inspiration... To begin, we shall activate our breath and engage with our life force. Then the guldance is complete and you are free to explore what needs and desires to be seen, felt and lived through your Dance.

12:30 - 14:30, 5. ELEMENT, Ecstatic dance journey, EN/CS

## Quantum Infinity

*Ava Sophiana (CRI)*

Recreate yourself in the space of infinite potential. Introduction to quantum creation and quantum healing. Including a multi-dimensional quantum activation.

13:30 - 15:00, EARTH/ZEMĚ, Ritual with quantum activation, EN/CS

## Music Workshop

*Niall Mc Guigan (IRL)*

Through music activities, awareness, social interaction, we connect deeply with ourselves, the present moment and others. Space will be held also for stillness, reflection, insight, dialogue and relaxation. This is a workshop for freedom, expression & discovery. No musical talent required.

14:30 - 16:30, WATER/VODA, Dynamic music workshop with group interaction, EN/CS

## Soul Singing Ceremony

*Netanel Goldberg (ISR)*

Create a deeper connection with our heart, soul & our unique path on this earth. From songs of the ancient Hebrew language to new languages that will be channeled live through us. Come melt the walls of pain and fear. Come with love, come with joy. Come as you are.

15:00 - 17:30, 5. ELEMENT, Soul Singing Ceremony, EN/CS

## Nový začátek / New Beginning

*Zuzana Noah (CZ)*

The final ritual will close the 5 transformational festival days while opening your new beginning, new experience of life, new vision, anchoring your new vibration, joy and thirst for life. You will ground yourself and consciously step into the new reality you want to live and experience.

18:00 - 19:00, 5. ELEMENT, Closing ritual with dance and meditation, CS

## Concert

*Terez Wrau a Miguel (CZ)*

We will celebrate the approaching end of the Healing Festival also with music that will caress our hearts and souls. Terez travels through Europe as a busker, collecting folk songs from all over the world. She sings in fifteen languages and also creates her own works.

19:00 - 19:30, 5. ELEMENT, Concert, CS

## Ecstatic Dance Prague

*DJ Mr. Gorby (CZ)*

Come to relax and enjoy the flowing energy of the last festival evening in the final ecstatic dance. Let all your emotions seep in, surrender the last bits of fear and everything that no longer serves you and anchor your vision and the vibration you are taking away from the festival.

20:00 - 22:00, 5. ELEMENT, Ecstatic Dance, CS

# ACCOMPANYING PROGRAMME

## Access Bars tasting session

*Kateřina Grunová & Simona Hrabalová (CZ)*

Access Bars is a unique method of healing gentle touch of 32 points on the head. During the session, programmes, beliefs and limitations that keep us from a joyful, peaceful being full of ease are released. Come and lie back on a lounger, relax and receive everything the session will bring.

Each session has a capacity of two people. Whether you come as a group of two or alone, you will always have your individual experience, there is no interaction within the session.

Festival-wide programme, OSOBNÍ LÉČENÍ/PRIVATE HEALING, CS

## Stone labyrinth

*Žaneta Florová (CZ)*

The labyrinth is a journey into our inner self, through chaos and turns, unerringly into our own centre. Come for the contemplation, the search for meaning, the encounter with oneself. You can't stray from the path, you are guided by its line.

Festival-wide programme, CS

## An oasis of peace, harmony and care for body and soul

*Iva & Lucie (CZ)*

What you can expect from us: Harmonisation of the body by sound; Magic of touch - relaxing, gentle and classic massages tailored to your needs; Chat with a Doula on the topics of relaxed pregnancy, conscious childbirth, gentle postpartum and loving and harmonious family; Regular lectures on herbs, incense, Runes and their magic.

Festival-wide programme, CS

## Aerial Acrobatics Workshop - your body can fly too

*Ivana Kolcunová (CZ)*

How does it feel to have your body float? Let's try it and push your limits of the possible and impossible. You'll swing above the ground, see the world upside down, have a lot of fun and probably experience a whole new physical sensation. You can try a "scarf" regardless of your previous sports and acrobatic experience!

Thursday 15:00 - 17:00, By 5. ELEMENT, Workshop, CS

Friday 10:30-12:30, By 5. ELEMENT, Workshop, CS

Saturday 15:00 - 17:00, By 5. ELEMENT, Workshop, CS

Sunday 10:30-12:30, By 5. ELEMENT, Workshop, CS

## Relaxation and nourishment in water

*Anna Vařinová (CZ)*

Each of us is born with certain qualities that need to be observed in life. If these qualities are not ingrained in us for some reason, we tend to seek them from others and often do things we don't even want to do. Therefore, recognising these qualities and finding ways to cultivate them in our lives can help us live in our power and fullness.

Wednesday, 21:00 - 22:00, CASTLE SWIMMING POOL, Workshop, CS

## God's stall

*Muriel a Luz (CZ)*

Welcome to a space of rest, inspiration, beauty and healing. A place to meet, stop, share, create and make music. Painting with henna and ajagua.

Festival-wide programme

## obnaŽENA

*Ivana Kolcunová (CZ)*

You'll see one every night. One day she'll be attractive, the next she'll be angry or tired. And then full of energy again. You'll have the opportunity to experience all the phases of the female cycle - intensely, firsthand, in depth. And you'll discover that every phase has something to offer. You'll see excerpts from the performance "obnaŽENA" performed by the author & acrobat Ivana. You can look forward to the full version with live music, singer, dancer and actress in the autumn at the theatre.

Wednesday, 19:45, By 5. ELEMENT, Show, CS

Thursday, 19:45, By 5. ELEMENT, Show, CS

Friday, 19:45, By 5. ELEMENT, Show, CS

Saturday, 19:15, By 5. ELEMENT, Show, CS

## Acro Yoga

*Vladimira Krochmalová & Renka Véllová (CZ)*

Vladka and Renka will be there to guide beginner acro yogis through the basic techniques of acro yoga and inspire the advanced ones.

Wednesday, 17:30 - 19:00, By 5. ELEMENT, Yoga, CS

Thursday, 8:00 - 9:30, By 5. ELEMENT, Yoga, CS

Friday, 16:30 - 18:00, By 5. ELEMENT, Yoga, CS

Saturday, 11:30 - 13:00, By 5. ELEMENT, Yoga, CS

Sunday, 13:00 - 14:30, By 5. ELEMENT, Yoga, CS

## Cosmic Gate

*Daniel Beneš (CZ)*

A collection of visionary art inspired by the power of nature, plants, animals, cosmology and beings that hide behind the eyes of man, enriched by the journeys and experiences lived by its creator. Painted in pure presence to the rhythm of heart and lightness. The artist plays with colours, shapes, and textures of the painting. It is wonderful to sit in front of each painting and take some time to quietly feel the effect of each painting and the essence it carries.

Festival-wide programme, CS

## Breathing exercise

*Libor Mattuš & Lucie Bečková (CZ)*

Come and exercise before the cold therapy! You will learn the practices that Libor uses before climbing the winter Sněžka in shorts. These breathing exercises are the result of many years of experience working with the human body in a variety of natural conditions and can help in the course of everyday being a better version of yourself.

Friday, 9:00 - 10:00, BY THE SHOWERS AT THE SWIMMING POOL, Preparation for Cold therapy, CS

Saturday, 9:00 - 10:00, BY THE SHOWERS AT THE SWIMMING POOL, Preparation for Cold therapy, CS

## Cold therapy

*Libor Mattuš & Lucie Bečková (CZ)*

Cold therapy is a man's best friend. Come and experience for yourself why this is so. A rush of endorphins, a better mood and zest for life, better concentration and even motor skills will help you enjoy the rest of your day not 100 but 120%!

Friday, 10:00 - 12:00, BY THE SHOWERS AT THE SWIMMING POOL, Workshop, CS  
Saturday, 10:00 - 12:00, BY THE SHOWERS AT THE SWIMMING POOL, Workshop, CS

## The Satya Loka Ganesh Sadhana Tippee

*Ra Dasi (ENG/GRC)*

Satya Loka offers a sacred Temple space for sadhana & devotion through the festival, for you to come and meditate, sing, or pray in silence. There will be a constant flame alight on a Yantra/Sacred Mandala that we create on the first day of the festival. The Yantra is that of Ganesh, a fundamental divine energy known in India and Thailand, that helps us to remove obstacles in our life and spiritual path. The practices and knowledge that you will experience are ancient tools of Traditional Tantra, coming from Satya Loka's lineage of Shivoam Tantra.

Festival-wide programme, EN

## Creation of a Ganesh Yantra

*Ra Dasi (ENG/GRC)*

Creation of a Ganesh Yantra using coloured rice and a special ritual process from India. This session also includes the charging of the yantra using mantras to invite the energy of Ganapataye, and a final offering of flowers once the energy arrives.

Wednesday, 21:00 - 23:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN/CS

## Meditation

*Ra Dasi (ENG/GRC)*

Each day we offer two 1 hr sittings of meditation with the teachers, so you can be supported in Mantra Meditation. If you are new to the practice or happen to join late, then visit 20 minutes before sessions to receive the mantra and guidelines.

THE SATYA LOKA GANESH SADHANA TIPPEE

Wednesday, 16:00 - 17:00, Meditation, EN  
Thursday, 7:30 - 8:30, Meditation, EN  
Thursday, 17:30 - 18:30, Meditation, EN  
Friday, 7:30 - 8:30, Meditation, EN  
Friday, 17:30 - 18:30, Meditation, EN  
Saturday, 7:30 - 8:30, Meditation, EN  
Saturday, 17:30 - 18:30, Meditation, EN  
Sunday, 7:30 - 8:30, Meditation, EN

## Aarti

*Ra Dasi (ENG/GRC)*

Each day we make a devotional Aarti with offerings and singing to the energy/Yantra of Ganesh for 30 minutes after the meditation.

Wednesday, 17:00 - 17:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Thursday, 8:30 - 9:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Thursday, 18:30 - 19:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Friday, 8:30 - 9:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Friday, 18:30 - 19:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Saturday, 8:30 - 9:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Saturday, 18:30 - 19:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN  
Sunday, 8:30 - 9:00, THE SATYA LOKA GANESH SADHANA TIPPEE, Ritual, EN

## Silent sitting

*Ra Dasi (ENG/GRC)*

Satya Loka offers a sacred Temple space for sadhana & devotion through the festival. There will be a constant flame alight on a Yantra/Sacred Mandala that we create on the first day of the festival. The Yantra is that of Ganesh, a fundamental divine energy known in India and Thailand, that helps us to remove obstacles in our life and spiritual path.

Thursday, 12:30 - 13:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Meditation, EN  
Friday, 12:30 - 13:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Meditation, EN  
Saturday, 12:30 - 13:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Meditation, EN  
Sunday, 12:30 - 13:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Meditation, EN

## Fire Ceremony for Ganesh - Tantrik Yagna

*Ra Dasi (ENG/GRC)*

A fire ceremony that welcomes everyone, and is a part of the complete Tantra Sadhana process of Yantra. - Mantra. - Yagna. - Kriya happening at the Satya Loka Temple space during the whole festival. This fire ceremony will be an opportunity to give offerings to the fire, and to speak with the fire through pray and observation.

Saturday, 20:30 - 21:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Ceremony, EN

## Dissolving the Yantra & Yagna fire ceremony

*Ra Dasi (ENG/GRC)*

Dissolving the Yantra of Ganesh with offerings, prayer and song, followed by a short Yagna fire ceremony to close the energy.

Sunday, 19:30 - 20:30, THE SATYA LOKA GANESH SADHANA TIPPEE, Ceremony, EN

## FireShow Mystica (CZ)

Join in the celebration of the 5th element at this thrilling performance full of dance and fire. Mystica Dance Fire Show featuring four performers: Ethea, Adeline, Boris and Caroline.

Saturday, 21:30 - 22:00, 5. ELEMENT, Fire show, CS





Our first trip will be Spirit Sailing, a cruise through remote locations of the Adriatic with a self-development program and great food.

# SPIRIT TRAVEL

We are happy to introduce a new project, born out of our passion for travel.

UNTIL NOW, WE HAVE BEEN BRINGING FOREIGN TEACHERS TO THE HEALING FESTIVAL AND NOW WE WILL BE GOING ABROAD TO SEE THEM.

TO EXPLORE THE OUTER AND INNER LANDSCAPES AND TO LEARN WITHIN THE SPIRIT TRAVEL PROJECT.

IN SHORT, SOMETIMES WE NEED TO VENTURE OUT TO GET CLOSER TO OURSELVES.

WE INVITE YOU ON A SEVEN-DAY ADVENTURE CRUISE, AN EXCITING JOURNEY OF DISCOVERY THROUGH THE DEPTHS AND HEIGHTS, WHERE YOU CAN JUST FLOAT, LET THE WIND RUFFLE YOUR HAIR AND LET YOUR MIND DRIFT INTO SILENCE.

And how did the participants feel on the cruise?

*"Best holiday I've ever had and I keep telling everyone*



Karin

*"The feeling of freedom I had. The adrenaline rush that I felt. The fear that got smaller every day. The smell of the sea in the morning, the salted but beautifully curly hair. Great people, absolutely divine food, luxurious boats, the most wonderful captains. And most of all the feeling of acceptance! I felt at home there."*

Zuzana

**"ALLOWING YOURSELF TO TAKE YOUR FOOT OFF THE GAS, STOP AND INDULGE IN QUALITY TIME FOR YOURSELF IS THE DEEPEST EXPRESSION OF SELF-LOVE AND THE KEY TO A JOYFUL LIFE."**





- You'll experience ecstatic dancing aboard the ship.
- You'll discover the practice of yoga on all its levels.
- You'll learn perfectly fine-tuned recipes from Jan Vojtěchovský.
- You'll be motivated to follow science-based longevity techniques.
- And you'll see how to bio-hack your body.

If you want to experience an unconventional holiday and you love active relaxation.

You are an explorer and adventurer of the inner and outer landscapes.

You want to experience something new.

You love delicious food, wildlife and sharing with people.

If you have an open mind and a sense of adventure...

Then sail with us!

**More information at**  
[www.healingfestival.eu/spiritsailing](http://www.healingfestival.eu/spiritsailing)

# SPIRIT SAILING

10.9. - 17.9.2022

*Sail into the peace of your soul and mind, thanks to a cruise in remote locations of the Adriatic and an exclusively prepared programme.*

- Discover special places where people don't usually get to go.
- Taste refined meals and drinks aboard the ship.
- Experience sunset dinners in national parks.
- Sunrises and morning swims in ports.
- Daily yoga and self-development techniques.
- And most of all, the cruise, which is a therapeutic experience in itself.



Experience a special event that you'll always remember:

# DECHEN & THE JEWEL ENSEMBLE

RUDOLFINUM, PRAGUE 23.10.2022

**Dechen** uses her music to convey the **Buddhist wisdom** of her culture.

She is the eldest daughter of Ven. Dagsay Rinpoche, a Tibetan lama who gave her the transmissions of the **precious Tibetan mantras** that she chants around the world.

Her music stands for inner **tranquility, love, compassion, reconciliation** and **peace**.



## UNIQUE CONCERT FOR THE FIRST TIME IN THE CZECH REPUBLIC!

The attractive exteriors and interiors of the Rudolfinum are perfectly suited for this concert.

The albums *Jewel* and *Day Tomorrow* brought Dechen and her ensemble to **Carnegie Hall NY**.

Her music contains songs to **praise the earth**, the nature and the animals as well as **precious Tibetan Mantras**, that carry the **wisdom** and **healing power** of her ancient **Tibetan heritage**.

**Tickets at**  
**[www.rudolfinum.cz](http://www.rudolfinum.cz)**





## MAIN PATRON

"New Human Solution s.r.o. is the main patron of the Healing Festival 2022. During the entire festival, it provides its attendees with healed water using the unique Czech technology of the STABFOR unit, invented by the company's co-founder and managing director, Mr. Zdeněk Čermák."

**"Our technology solves at least 98% of the problems caused by the activities of microorganisms, from all crop diseases to water (sources, distribution, storage, technological circuits, among others...)"**

[www.newhumansolution.com](http://www.newhumansolution.com)

## SOMA Dech

What is SOMA Breath®  
And how it changes lives around the world?

SOMA Breath® combines the wisdom of ancient cultures with the insights of modern science. It incorporates healthy breathing in a playful way, unique music, spontaneous dance, meditation, breath therapy, holistic coaching and is based on the global SOMA Breath® system.

[www.somadech.cz](http://www.somadech.cz)

## Blueberry Hill

Welcome to Blueberry Hill, a magical place full of pure natural cosmetics.

We've already checked the ingredients of all products for you.

Your blueberry girls, Kristi a Liduř

[www.blueberryhill.cz](http://www.blueberryhill.cz)

## PARTNERS

### MUDr. Natálie Blanárová

A healer and guide on the path to your soul, heart and return to nature.

She works with the help of Divine energy, nature's energy and her unique soul energy. Through their influence, she raises your vibration, connects you with your inner light and your intuition. She clears the limitations that stand in the way of you manifesting your soul essence and uniqueness. She activates the process of self-healing with your own light within.

[www.nataliablanova.com](http://www.nataliablanova.com)

### Tierra Verde

At Tierra Verde, we live by the principles of truly ecological living, i.e. True Eco. Discover 200 products that are almost 100% degradable in nature, through which we help you live more considerately, more gently and more sustainably.

[www.tierraverde.cz](http://www.tierraverde.cz)

### Tiskárna v Dubí

Printing of this magazine and other materials was provided by the printing house in Dubí.

[www.tiskarnavdubi.cz](http://www.tiskarnavdubi.cz)

We thank our partners!

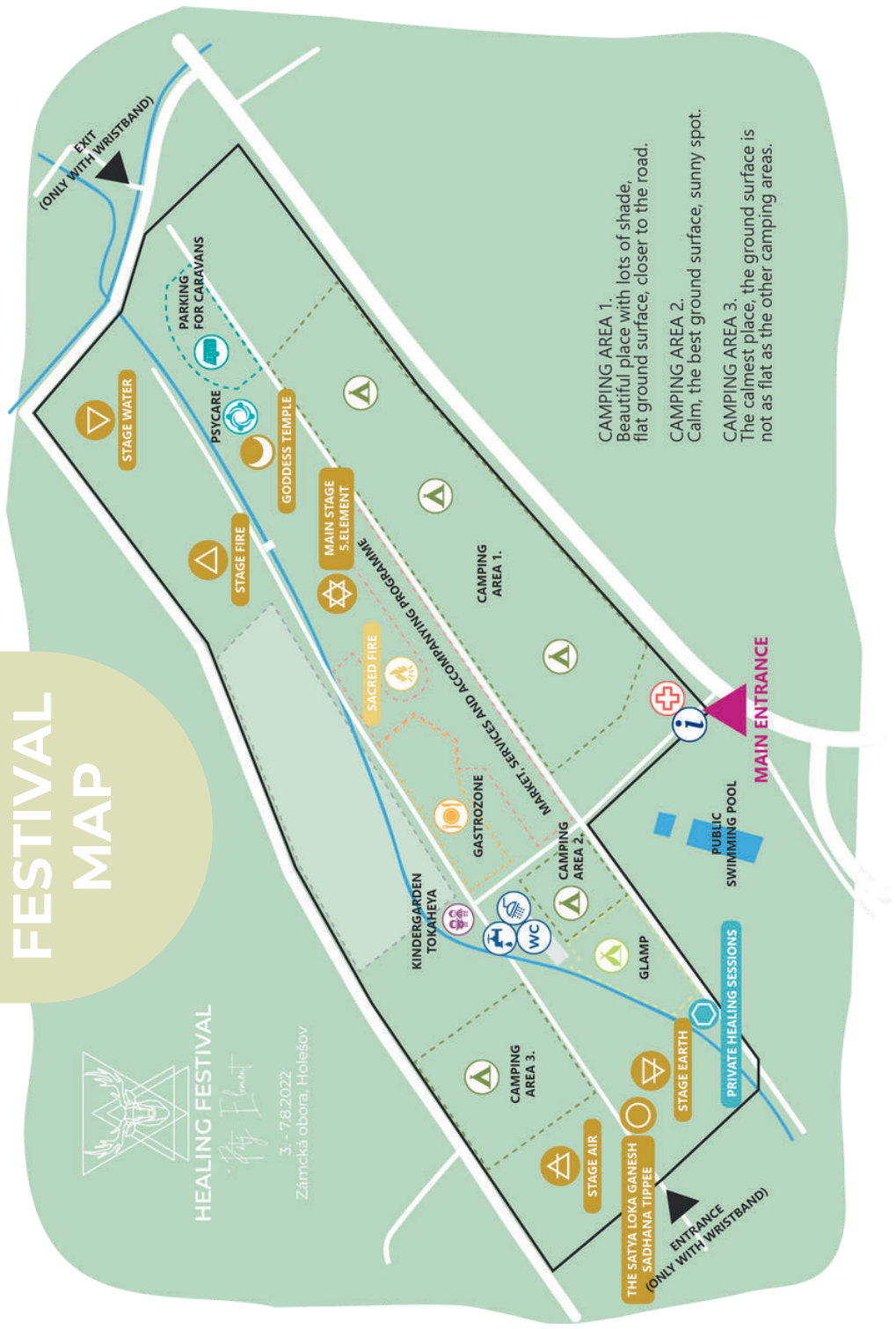
# FESTIVAL MAP



HEALING FESTIVAL



3. - 7.8.2022  
Zámcká obora, Holešov



- CAMPING AREA 1.  
Beautiful place with lots of shade,  
flat ground surface, closer to the road.
- CAMPING AREA 2.  
Calm, the best ground surface, sunny spot.
- CAMPING AREA 3.  
The calmest place, the ground surface is  
not as flat as the other camping areas.

THE SATYA LOKA, GANESH  
SADHANA TIPPEE

ENTRANCE  
(ONLY WITH WRISTBAND)

PRIVATE HEALING SESSIONS

PUBLIC SWIMMING POOL

MAIN ENTRANCE

CAMPING AREA 1.

CAMPING AREA 2.

CAMPING AREA 3.

KINDERGARDEN  
TOKAHEVA

GASTROZONE

MARKET, SERVICES AND ACCOMPANYING PROGRAMME

MAIN STAGE  
5.ELEMENT

GODDESS TEMPLE

PSYKARE

STAGE WATER

STAGE FIRE

SACRED FIRE

EXIT  
(ONLY WITH WRISTBAND)

PARKING  
FOR CARAVANS